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## The ADD Assessment & Family Support Centre

Administered by  
the ADD NZ Trust



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Random House Australia and taken from Green  
& Chee (1997) Understanding ADHD

29 July 2009

Mr Peter [REDACTED]

Dear Peter

**Re: Peter [REDACTED]**

**Diagnosis** Asperger Syndrome

Thank you for taking the trouble to come and talk to me today and to provide an extensive set of information about yourself and your past, your thinking and the experiences you have had in the medical system.

Your main concern was to explore whether or not you have Asperger Syndrome, a diagnosis you have become aware of because of your interest and skill at research and for which you have essentially provided the answer by going through various self tests to see whether or not you have this very distinct thinking pattern.

You spent an hour and 50 minutes talking to me talking about aspects of life and experience. You talked very openly and frankly. The content of what you told me was highly factual. Your recall was extremely accurate and complete. You described a series of competencies which indicate that you have very high intelligence, that you are very good at solving problems and that you enjoy redesigning systems to make them work better. You use analogies to explain your thinking. You have a clear picture of how your mind and neurological systems work and how these differ from other people. You explain this logically and dispassionately. You talk about previous life experiences which may tempt other people to misinterpret how you are at the moment and you also talk freely about mood disturbances for which you received various diagnoses and treatments in the past which from your standpoint have not been effective.

It is impossible for me to recall precisely the full content of what you disclosed to me today, but I am very satisfied that you fulfil the criteria for a diagnosis of Asperger Syndrome because of:

1. differences in your communication.
2. differences in your reciprocal social interaction and
3. restriction and intensity of some of your interests.

You are well aware that Asperger Syndrome is a hardwired difference in thinking and is present from birth. The best one can do is to learn how to adapt to it over time. It is helpful when people with whom you have to interact understand that you are in possession of this unique and very interesting thinking style because it should give them cause to reconsider how they evaluate you and how they respond to you.

We did not discuss any of the implications of this diagnosis, but it is clear to me that you have thought a great deal about what these are and you probably need no further assistance from me in this regard.

At this point we have not made any arrangements to review the situation, but you asked if you could revisit me should that be something you want in the future and of course as long as I am working here you are welcome to do this.

I found it a great pleasure to meet you. I appreciated your openness and honesty and your interest in learning more about yourself and I wish you well in the future.

Kind regards



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**Paul G Taylor FRCPC**  
**CONSULTANT PAEDIATRICIAN**  
(letter reviewed and approved electronically by PGT)